

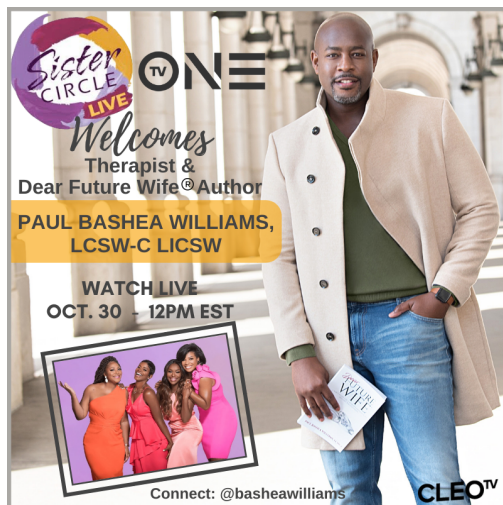
**\*Contact :**

Tara Gates Anderson 240-491-2929 (Brand Manager)

**Paul Bashea Williams, LCSW-C LICSW Therapist and Author of Dear Future Wife: A Man's Guide And A Women's Reference To Healthy Relationships** in 2018 and has motivated 1000's on social media to have a positive and opportunistic outlook on the week where goals could be measured and encouragement and supportive words are given.

**Link to his recent segment on Sister Circle on TV ONE: Oct. 2019**

[https://m.youtube.com/watch?v=GbhHlyRwE\\_A&feature=youtu.be](https://m.youtube.com/watch?v=GbhHlyRwE_A&feature=youtu.be)



**Great Day Washington Feb. 2020**

<https://www.wusa9.com/video/entertainment/television/programs/great-day-washington/think-you-dont-need-therapy-think-again/65-a042c942-326c-4447-92fb-81345a6e490a>

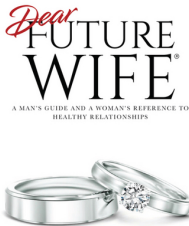
**Lets Talk Live Dec. 2019**

<https://wjla.com/news/lets-talk/dear-future-wifewith-author-paul-bashea-williams>

**SPEAKER BIO**

Paul Bashea (Bah-Shay) Williams, LCSW-C LICSW is described as an Intellectual Emotionalist. Someone who understands what a man thinks and what a woman feels. Helping the two meet and have common ground by encouraging emotion and logic to agree. He is a dedicated father, Mental Health Therapist, Relationship Advisor and Writer. He runs his own mental health private practice, Hearts In Mind Counseling. With over 15 years of counseling and social work experience, he works with youth, men, adults, families, couples, and groups. He writes about life, love, and fatherhood. His writing, acting, and public speaking have been featured on several popular networks, and websites, TV ONE, BET, ABC Affiliate WJLA Good Morning Washington, Let's Talk

Live, Men's Health Magazine, Huffington Post, WHUR, RADIO ONE, News Talk 1450, Fatherly, national syndicated radio shows, television, movies, and conferences all over the nation. He is highly recommended and sought out as a person who is an advocate for healthy individuals and relationships.



PAUL BASHEA WILLIAMS, LCSW-C

**Published Book:** Dear Future Wife A Man's Guide and a Woman's Reference to Healthy Relationships (Synopsis below)

Published by: ELOHAI International Publishing & Media

ISBN#: 9 781732 497191

Library of Congress Control Number: 2018963018

### **Book Synopsis**

DEAR FUTURE WIFE®, A MAN'S GUIDE AND A WOMAN'S REFERENCE TO HEALTHY RELATIONSHIPS PROVIDES COUPLES AND SINGLES A PEEK INTO THE MINDS OF THE OPPOSITE SEX. IN THIS EMOTIONALLY-CHARGED AND INSIGHTFUL COLLECTION, AUTHOR AND THERAPIST BASHEA WILLIAMS PITS READERS FACE-TO-FACE WITH OFTEN COMPLICATED SCENARIOS THAT CAN CREATE COMMUNICATION BREAKDOWNS OR BRIDGES AND HOW TO NAVIGATE THEM. WRITTEN FROM THE PERSPECTIVE OF A MAN, YET CONSIDERING THE FEMALE POINT-OF-VIEW, WILLIAMS CREATES A HEALTHY DIALOGUE THAT HELPS BOTH MEN AND WOMEN CREATE POSITIVE PERSONAL PRACTICES AND THOUGHT PATTERNS TO BUILD BETTER RELATIONSHIPS. WHETHER YOU'RE SINGLE, COURTING, ENGAGED, OR MARRIED, DEAR FUTURE WIFE WILL PREPARE YOU FOR A HEALTHY AND EXHILARATING ROMANCE.

### **Websites:**

[www.BasheaWilliams.com](http://www.BasheaWilliams.com)

[www.HeartsInMindCounseling.com](http://www.HeartsInMindCounseling.com)

### **Social Media:**

IG: @basheawilliams <https://www.instagram.com/basheawilliams/>

FB: Paul Bashea Williams <https://www.facebook.com/WilliamsBashea>

Total following: over 20K+

### **Some On-Air, podcasts and article features**

#### **Sister Circle-TV ONE**

[https://m.youtube.com/watch?v=GbhHlyRwE\\_A&feature=youtu.be](https://m.youtube.com/watch?v=GbhHlyRwE_A&feature=youtu.be)

#### **WJLA ABC Affiliate Lets Talk Live**

<https://wjla.com/news/lets-talk/tips-to-build-happy-and-healthy-relationships>

<https://wjla.com/features/good-morning-washington/competitive-parenting-and-its-impact-on-adolescent-mental-health>

<http://firefliesunite.buzzsprout.com/132572/910726-people-pleasing-its-impact-on-your-mental-health-dear-future-wife-featuring-paul-bashea-williams>

<https://relationshipschool.com/podcast/race-psychotherapy-and-manhood-with-paul-williams/>

<https://www.davidbrowervo.com/307-bashea-williams-an-intellectual-emotionalist-who-understands-what-a-man-thinks-and-how-a-woman-feels/>

<https://www.bustle.com/p/if-you-get-bored-easily-in-relationships-experts-say-these-7-reasons-may-be-why-18704361>

<https://www.bustle.com/p/why-you-cant-stop-thinking-about-someone-you-barely-dated-according-to-experts-18683980>

<https://therapyforblackmen.org/fear-of-failure/>